McCrosson Tovell School
March 2024

The TIMBERWOLF HOWL

Principal Perspective

Although the weather doesn't seem to want to decide which season it is, it looks like spring is around the corner! The temperatures have been milder this winter and the students continue to enjoy the outdoors during recess break. This week the students had a special hot chocolate treat after recess! Please tune in to our Facebook page to keep updated on daily school activities.

Students continue learning many new things at school. As our second term is now underway, we encourage all students to attend school regularly, as they are building a foundation for reading and mathematics which will help them throughout their education journey. We continue with our Connected North Sessions and students are enjoying their daily Body Breaks throughout the day. NWO food bags continue to be sent home, and we are thankful for the funding from the NWHU Student Nutrition Program.

Students have been busy this month participating in various cultural activities and events. Students participated in Black History Month activities, spent time with Anne Marie Armstrong from Sunset Metis learning about the Metis culture and had fun learning some jigging and spooning as well as their field trip to Kay-Nah-Chi-Wah-Nung where they experienced many Indigenous cultural activities.

We celebrated our Kindergarten Registration on February 29, and we look forward to the new students attending our Kindergarten Play Day later this year. Report cards were sent home on February 12 and Individual Education Plans will be sent home on March 7. If you have any questions about report cards or Individual Education Plans, please contact your child's teacher.

We are excited to welcome Alesia Langlais as our new ASW worker, as we sadly say goodbye to Mrs. Zappitelli as she goes off on maternity leave.

We are all looking forward to a restful and relaxing week during the Winter Break, March 11-15 as well as celebrating the Easter Holiday at the end of the month.

Enjoy your Holidays, everyone.

Mr. Yahnishchak, Mrs.Osadchuk & Mrs. Beckett

Upcoming Dates

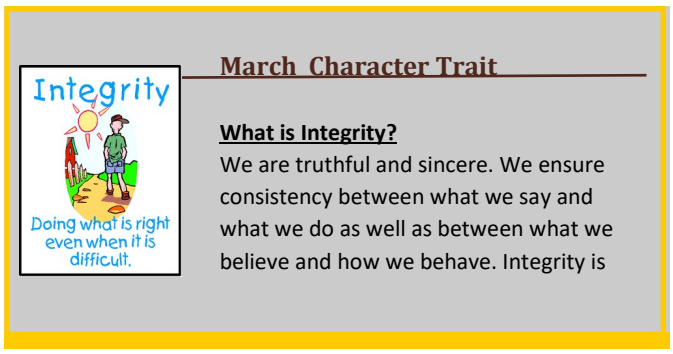
IEP's Go Home ..... MAR 11
March Break ..... MAR 11
..... MAR 15
NWHU Immunizations ..... MAR 25
NWHU Dental Screening ..... MAR 27
Good Friday ..... MAR 29
Easter Monday ..... APR 01
Solar Eclipse ..... APR 08

Student Attendance

Regular attendance is very important—**a student's over-all growth increases significantly over time when they attend regularly and have strong connections to all aspects of classroom and school learning**. Research demonstrates there is a powerful link between successful learning and regular school attendance.

Special points of interest

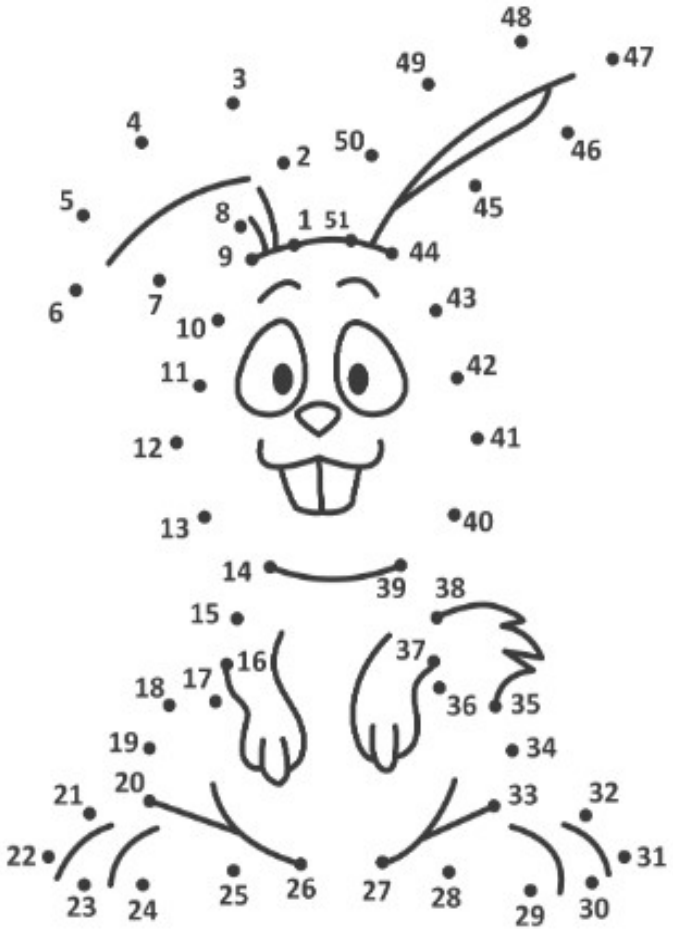
- Simply text your child (s) name, your name and the reason your child is absent anytime before 9:15am to 807-271-2622
- Mrs. Everden can be reached until 11:30am in the office, or by email to terri.everden@rrdsb.com



March Character Trait

What is Integrity?

We are truthful and sincere. We ensure consistency between what we say and what we do as well as between what we believe and how we behave. Integrity is



Educating the HEART and MIND of every child – today and tomorrow.

Principal - Kari-Lynn Beckett Vice Principal - Donna Osadchuk

Mental Health Memo

NWO Be Well Passport

The Northwestern Ontario School Mental Health Team, has put together a compilation of for individuals, families, and educators to do, starting on Bell Let's Talk Day (January 24th, 2024) through the months leading up to Mental Health Week (May 6th, 2024-May 6th, 2024).

The NWO Be Well Passport takes participants on a wellness adventure within their communities, reminding them to consider a "whole person" perspective from the First Nations Mental Wellness Continuum Framework, including aspects of Spiritual, Emotional, Mental, and Physical wellness.

Take part in the activities/events and digitally "stamp" each activity you complete (paper copies will also be made available to all students).

How to participate:

1. Students can join their classmates and family and take part in the activities throughout their passport. Check off each activity when completed!
2. As they complete each passport stop, send a photo or description of their participation to NWOBeWell@gmail.com. Each stop will enter them into a draw to win some amazing prizes!
3. Don't forget to include their name and which school board and community they belong to.
4. Be sure to tag @NWOBEWELL and #NWOBEWELL to share the fun on social media!

Click on the link or scan the QR code to access a digital passport: https://www.nwobewell.ca/

For more information, please contact the RRDSB Mental Health Leader: tracey.idle@rrdsb.com

MARCH HOT LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch will be provided for every child, if there is a menu item your child does not like, please be sure to send them with their own lunch that day				1 School Trip Lunch Provided
4 Egg McMuffin Fruits / Veggies	5 Cheesy Beef Macaroni Casserole Fruits / Veggies	6 Turkey & Cheese Subs Caesar Salad Fruits / Veggies	7 Chicken & Rice Soup Garlic Toast Fruits / Veggies	8 Pizza Bagel Fruit / Veggies
11	12	13	14	15
March Break No School				
18 Chicken Wrap French Fries Fruits / Veggies	19 Meat Lasagna Garlic Toast Fruits / Veggies	20 Ham & Cheese Subs Caesar Salad Fruits / Veggies	21 Tomato Soup Grilled Cheese Fruits / Veggies	22 Pizza Bagel Fruit / Veggies
25 Egg Salad Sandwiches Fruits / Veggies	26 Loaded Nachos Fruits / Veggies	27 Chicken Burger French Fries Fruits / Veggies	28 Chicken Noodle Soup Garlic Toast Fruits / Veggies	29 Pizza Bagel Fruits / Veggies